

Report on 5 Days Vocational Training Programme on Cutting and Tailoring organised by Vocational Training & Life Skill Development Cell, IOAC, Lala Rural College, Lala

With a small step taken towards skill development and making the students self-sufficient this 5 Days Vocational Training Programme on Cutting and Tailoring was organised by Vocational Training & Life Skill Development Cell, IOAC, Lala Rural College, Lala from 27th May to 31st May, 2022 in the premises of the college.

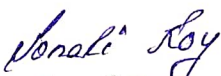
Inauguration of the programme was held on 27th May, 2022 at Old Library Building of the college and the inaugural session began at 11.00 a.m. with the welcome address by Dr. Sonali Roy, Convenor, Vocational Training & Life Skill Development Cell, IOAC, followed by the inaugural speech by Dr. Ng. Dayamoy Singha, HoD, Department of History. He emphasized on the significance of skill development and how necessary it is for every student to earn their livelihood independently.

The course was a meticulously designed tailoring course for beginners. Ms. Moonmoon Kangsabanik was hired as the instructor for the programme with arrangement of one stitching machine. The instructor was chosen based on her experience, qualification and her self-motivation to teach students. A total of 22 students, both from Arts and Commerce Stream, participated in the programme. In this course the basics of tailoring, which included how to take measurement, how to choose the right fabrics, and how to cut and sew a basic garment like blouse and kurti was taught. On the last day of the programme the students exhibited their skill of stitching, whatever they have learned from this vocational training programme and were also given participation certificates.

The valedictory session started from 2.30 p.m on 31st May, 2022 with the speech of Dr. Tanuj Kumar Dey, Principal i/c. The speech elucidated on the importance of imparting employability skills along with the process of holistic development of the students. The programme wrapped up around 4:30 p.m. with the vote of thanks from the Convenor. The college authority had given tremendous support and co-ordination in making this event successful.

Enclosures:

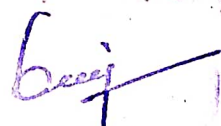
1. Programme Schedule
2. List of Participants
3. Photographs



Dr. Sonali Roy,

Convenor

Vocational Training & Life
Skill Development Cell,
IOAC,
Vocational Training &
Life Skill Development Cell,
IOAC,
Lala Rural College, Lala.



Co-ordinator

Internal Quality Assurance Cell,
Lala Rural College, Lala

PROGRAMME SCHEDULE

DAY 1: 27 th MAY, 2022	
11.00 a.m to 11.15 a.m	Inaugural Session
11.30 a.m to 11.45 a.m	Tea Break
11.45 p.m to 2.00 p.m	Theory on Cutting & Tailoring
2.00 p.m to 2.30 p.m	Lunch Break
2.30 p.m to 4.30 p.m	Theory on Measurement : Rules & Practices

DAY 2: 28 th MAY, 2022	
11.00 a.m to 1.00 p.m.	Practical on Measurement
1.00 p.m to 2.00 p.m	Introduction to Sewing Machine
2.00 p.m to 2.30 p.m	Lunch Break
2.30 p.m to 4.30 p.m	Practical on Use of Sewing Machine

DAY 3: 29 th MAY, 2022	
11.00 a.m to 1.00 p.m.	Theory on Drafting / Pattern Making
1.00 p.m to 1.30 p.m	Lunch Break
1.30 p.m to 4.30 p.m	Basic Stitching-Preparation of sample pieces of stitches (Hand stitches - Machine stitches)

DAY 4: 30 th MAY, 2022	
11.00 a.m to 1.00 p.m	Stitching Skills:- Knowledge about: - Seams, Darts, Tucks, flares, plackets, pockets, necklines, hem, collars & cuff Pleats, Buttons Hole, Buttons Hooks and Eye, Tich buttons
1.00 p.m to 1.30 p.m	Lunch Break
1.30 p.m to 4.30 p.m	Drafting, Fabric Cutting and Sewing Process- Marking with different measurement - Cutting the cloth as per marking, leaving margin for inlays and turnings. - Practice in stitching on paper for straight zigzag, round etc. - Stitching of - Handkerchief / Bib / Pillow cover / Blouse/Kurti/ Salwar Kameez

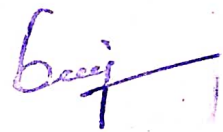
DAY 5: 31 st MAY, 2022	
11.00 a.m to 2.00 p.m	Preparation of samples.
2.00 p.m to 2.30 p.m	Lunch Break
2.30 p.m to 4.30 p.m	Valedictory Session



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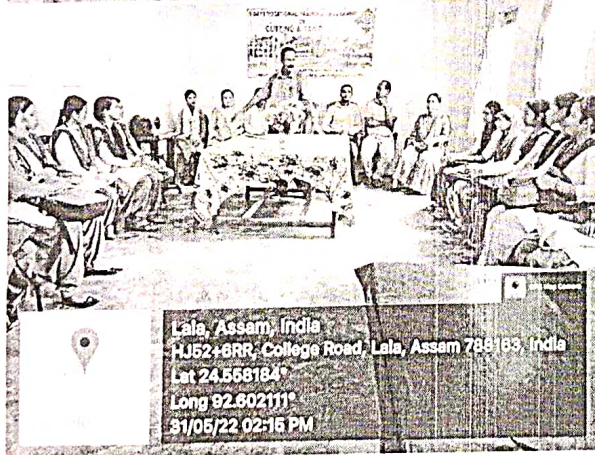
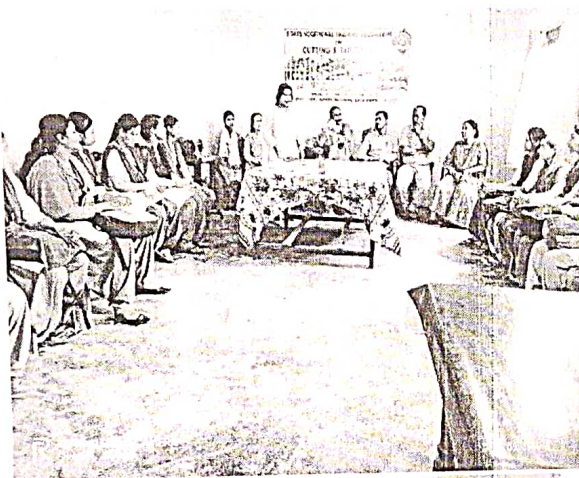
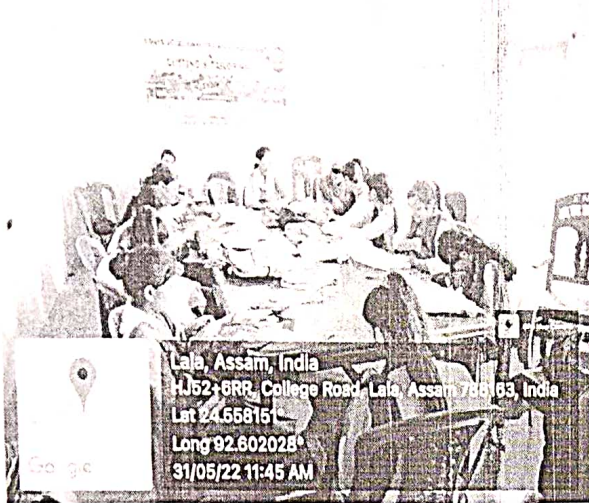
List of Participants:

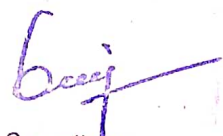
Sl. No.	Name	Class/Semester	Roll.No.
1.	KAJAREE NATH	6 th sem(C)	14
2.	RUMPI BHAR	6 th sem(A)	87
3.	PUJA TATO A	6 th sem(A)	144
4.	PAPRI NATH	4 th sem(A)	36
5.	H-ESHITA SINGHA	4 th sem(A)	25
6.	BABLI NATH	6 th sem(C)	09
7.	RATNASREE NATH	6 th sem(A)	80
8.	ANKITA NATH	2 nd Sem(A)	08
9.	SUPARNA ROY	4 th sem(C)	14
10.	PAYEL MAHANTA	4 th sem(A)	123
11.	SABANA DILKIS KHANAM MAZ.	4 th sem(A)	39
12.	ANJITA DAS	6 th sem(C)	19
13.	RUPALI MAL	6 th sem(C)	20
14.	L. PRIYA CHANU	4 th sem(A)	68
15.	Y. MAGHA DEVI	4 th sem(A)	28
16.	PALLABI NATH	4 th sem(A)	98
17.	SHRABANI NATH	6 th sem(A)	34
18.	SUNALI SINGHA	6 th sem(A)	15
19.	N. NAMITA SINGHA	6 th sem(A)	35
20.	MUSINA AMIN LASKAR	4 th sem(A)	32
21.	YEASMIN SULTANA LASKAR	4 th sem(A)	126
22.	SALMA BEGOM ANSARY	6 th sem(A)	07



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Lala Rural College, Lala

Photographs:




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Internal Quality Assurance Cell,
Lala Rural College, Lala

Report on 15 Days Computer Training

Course Date: 21st May to 4th June,
2022

Venue: Rongpur Part- I, Lala, Hailakandi

A Computer Training Programme/Course for the students was organized by the Vocational Training and Life Skill Development Cell, IQAC, Lala Rural College in collaboration with Mongaldip Infotech under Soft Skill Development Programme from 21st May to 4th June, 2022 with an objective to acquaint the students with knowledge of computer basics and applications.

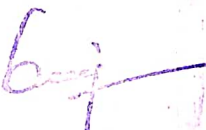
The inaugural session began at 10.30 a.m. with opening remarks by Dr. Sonali Roy, Convener, Vocational Training and Life Skill Development Cell, IQAC, Lala Rural College. Dr. Tanuj Kumar Dey, Principal, Lala Rural College inaugurated the programme and gave his inaugural speech highlighting the importance of computer knowledge in today's world.

A total of 30 students, both from Arts and Commerce Stream, participated in the programme. The training process was incredible and interesting, as the institution provided the environment/space, instructors and training manual/ curriculum was distributed to each participant before the start of the process. All the sessions were very effective and fruitful for the participating students. The queries put forward were effectively answered by the efficient instructors of the institution.

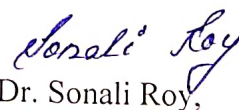
The valedictory session was held on 4th June, 2022 at 4.00 p.m. It started with the speech of Dr. Tanuj Kumar Dey, Principal i/c. He emphasized on the fact that having an in-depth knowledge of computers is an invaluable skill to have these days. Since the extensive use of computers is bound to increase in the foreseeable future, computer skills will be really valuable. He also assured that the college would be organising more such training programmes in future to enhance the computer knowledge of the students of Lala Rural College. The programme wrapped up around 4:30 p.m. with the distribution of certificates and delivery of vote of thanks by Mrs. Deepmala Paul, Asstt. Professor and Member, Vocational Training and Life Skill Development Cell, IQAC. The college authority had given tremendous support and co-ordination in making this event a successful one. After completion of this workshop students have felt encouraged to explore these areas further.

Enclosures:

1. Course Outline
2. List of Participants
3. Photographs



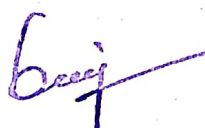
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Internal Quality Assurance Cell,
Lala Rural College, Lala



Dr. Sonali Roy,
Convener
Vocational Training & Life
Skill Development Cell,
IQAC,
IQAC, Lala Rural College, Lala.

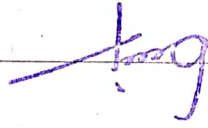
Course Outline:

Topic	Sub -Topics
Computer Applications & Basics	Introduction, Basic Applications of Computer, Components of Computer, Connecting Computer Components, Computer Hardware & Software.
Computer Operating System	Basics of Operating System, Linux, Windows, Task Icons, Bars, System Settings, Setting Date & Time, File Management.
Word Processing	Introduction, Printing a File, Document Creation , Editing, Saving & Text Formatting,
Working with Graphs and Charts	Creating Charts using Char Wizard - Steps to Create an Embedded Chart, Steps to Create Separate Charts on a Chart Sheet. Sizing and Moving Charts. Updating Charts, Changingthe Chart Type. Adding Titles and Gridlines and Formatting Legends -Adding a chart title, Adding gridlines and formatting legends. Previewing and Printing Charts.
Microsoft Excel, Spreadsheet & Worksheet	Introduction, Rows, Columns & Cells, creating and using multiple worksheets and linking workbooks.
Power point	Slides, Creating Power Point Presentation and Designing.
Database Management	Introduction, Adding Sort Codes, Sorting the Database, Basics of List, Finding Records, Using Wildcards, Filtering Records in a Worksheet - Customizing filters, Using

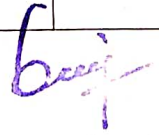


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	multiple filters, Summarizing Data, Creating the Pivot Table.
Using Functions	Applying Functions - The Round Function, The Count Function, The Max Function, The Min Function, The Average Function, The Sum Function. Worksheet Function using Function Wizard, The Vlookup Function
Creating and Using Macros	Creating Macros, Recording Macros and Steps for recording a Macro, Recording the macro, Running a Macro. Documenting the Macros - Examine your macros, Step to add comments in a macro. Assigning Macros to Buttons - Creating Macro Buttons, Resizing a macro button, Moving a macro button. Running Macros with Macro Button, Using a Keyboard short-cut to Run Macro, Assigning a short-cuts key to a macro.
Introduction to Internet	WWW & Web Browsers, Basics of Computer Network, Internet, Search Engines, URLs, How to Use Web Browser? An Overview of Computer Viruses, Basics of Email, How to Use Email, Instant Messaging, Formatting an Email.
Integrating Excel with Word and the Internet	Integrating Worksheet Data and Charts with Word, Creating an Embedded Worksheet Object in Word Document, Creating a Hyperlink to a Word Document, Using the Internet Assistant Wizard to Convert Worksheet Data and Charts to Web Pages.



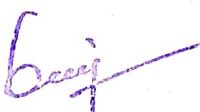
Creating Web	Creating a Web Page from a wizard, Creating a web page from a Template, Converting a Word Document to a Web page.
MS ACCESS	Ms Access Database Components, Introduction to Database - Creating Database-Wizard, Creating Tables Wizard, Design View, Datasheet View. Basic Structure of Tables – Field Names, Data Types, Description, Properties. Creating Queries - Opening Queries, Design View, Datasheet View, Closing Queries. Introduction to Form - Opening a Form, Types of Forms, Designing a Form Wizard, Navigating in Forms, Finding Records in Forms. Introduction to Reports - Opening and Viewing Reports, Types of Reports, Forms and Reports, Closing and Saving Reports.



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List of Participants:

Sl. No.	Name	Class
1	Ksh. Albeto Singha	TDC II Sem (C)
2	Anwar Shahid Laskar	TDC II Sem (C)
3	Nikita Modak	TDC II Sem (A)
4	Tina Dey	TDC II Sem (A)
5	Priya Nath	TDC II Sem (A)
6	Ampi Nath	TDC IV Sem (A)
7	Poheli Nath	TDC IV Sem (A)
8	Puja Nath	TDC II Sem (A)
9	Piyali Roy	TDC IV Sem (A)
10	Taposhi Ghosh	TDC IV Sem (A)
11	Satyajit Kar	TDC IV Sem (C)
12	Lakshmi Nath	TDC IV Sem (A)
13	Khadija Begom Choudhury	TDC II Sem (A)
14	Mousumi Nath	TDC II Sem (A)
15	Debdali Nath	TDC II Sem (C)
16	N. Nungshileima Singha	TDC II Sem (C)
17	Sangitha Nath	TDC VI Sem (A)
18	Neha Nath	TDC VI Sem (A)
19	Baisali Roy	TDC VI Sem (A)
20	Suraj Kar	TDC VI Sem (A)
21	Julan Dushad	TDC VI Sem (A)
22	Popy Nath	TDC VI Sem (A)
23	Abu Salman Mazumdar	TDC II Sem (C)
24	Champak Das	TDC II Sem (C)
25	Th. Kirtiman Sharma	TDC IV Sem (C)
26	Priya Devi Nunia	TDC IV Sem (C)
27	Shivam Das	TDC IV Sem (C)
28	Masum Ahmed Mozumdar	TDC VI Sem (C)
29	Johura Begum Laskar	TDC VI Sem (C)
30	Monu Lunia	TDC VI Sem (C)


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Lala Rural College, Lala

Photographs:



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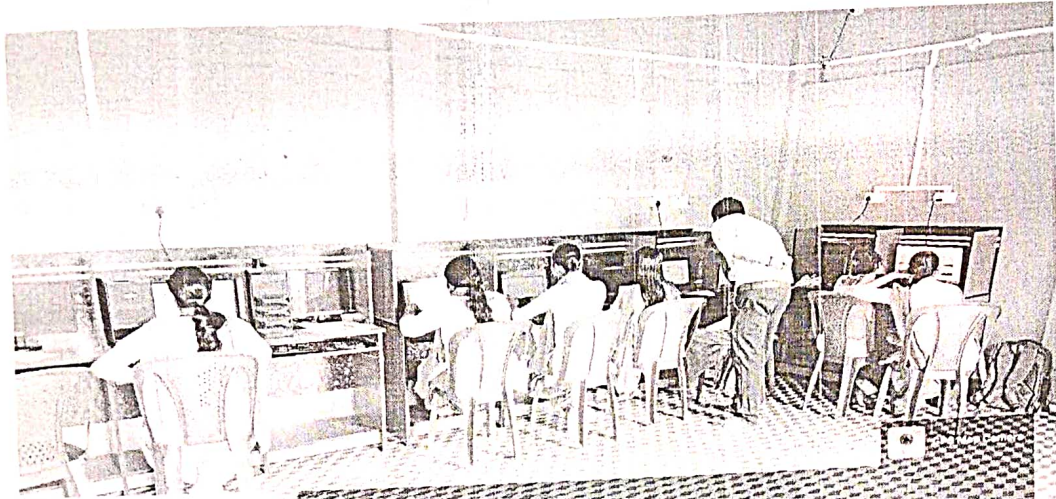
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Co-ordinator
Internal Quality Assurance Cell,
Lala Rural College, Lala



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Internal Quality Assurance Cell,
Lala Rural College, Lala

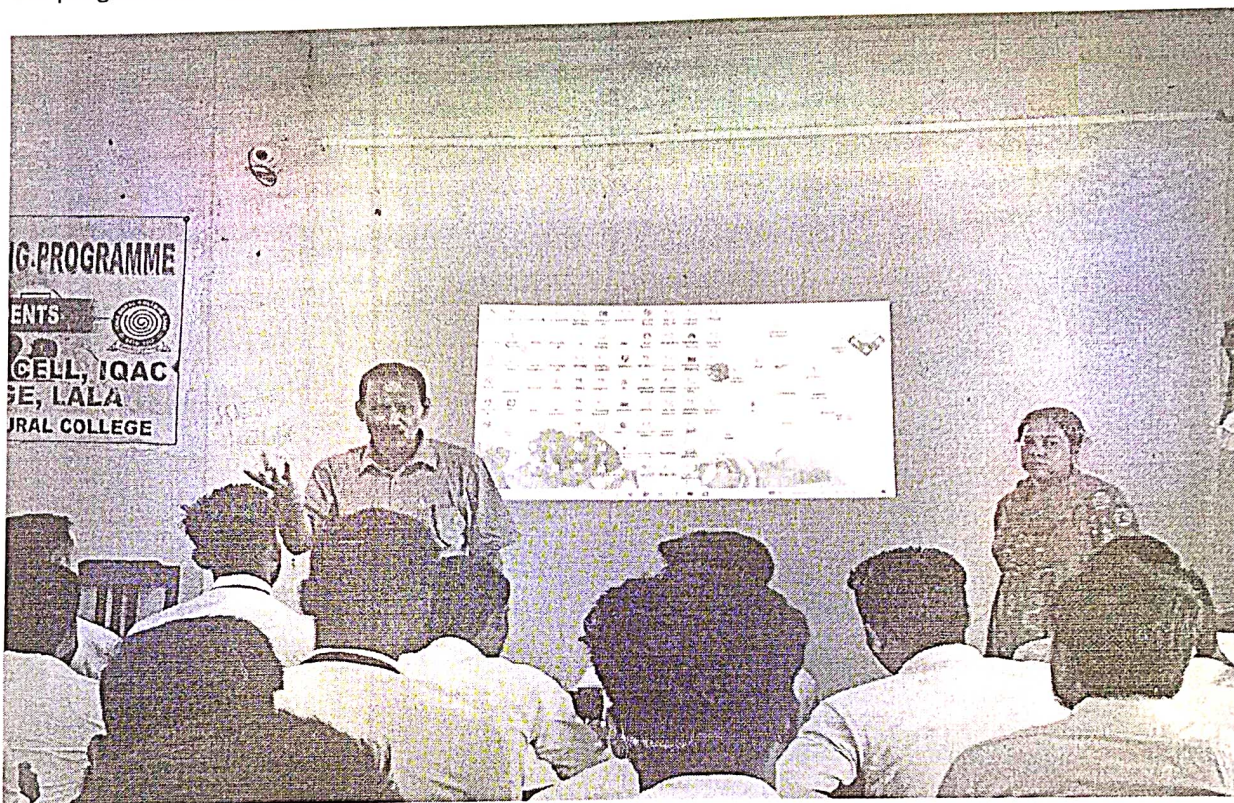


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Co-ordinator
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A Report on Career Guidance - 2022


On 31st May 2022, Career Counselling Cell, IQAC, Lala Rural College conducted a career guidance programme at the premises of Lala Rural College, Lala. The programme was basically designed on the topic of Career Opportunities after acquiring graduation in both Arts and Commerce stream. Though it was specially arranged for the final year students only but student from other semesters also took part in the programme. A total of 96 students took part in the programme.



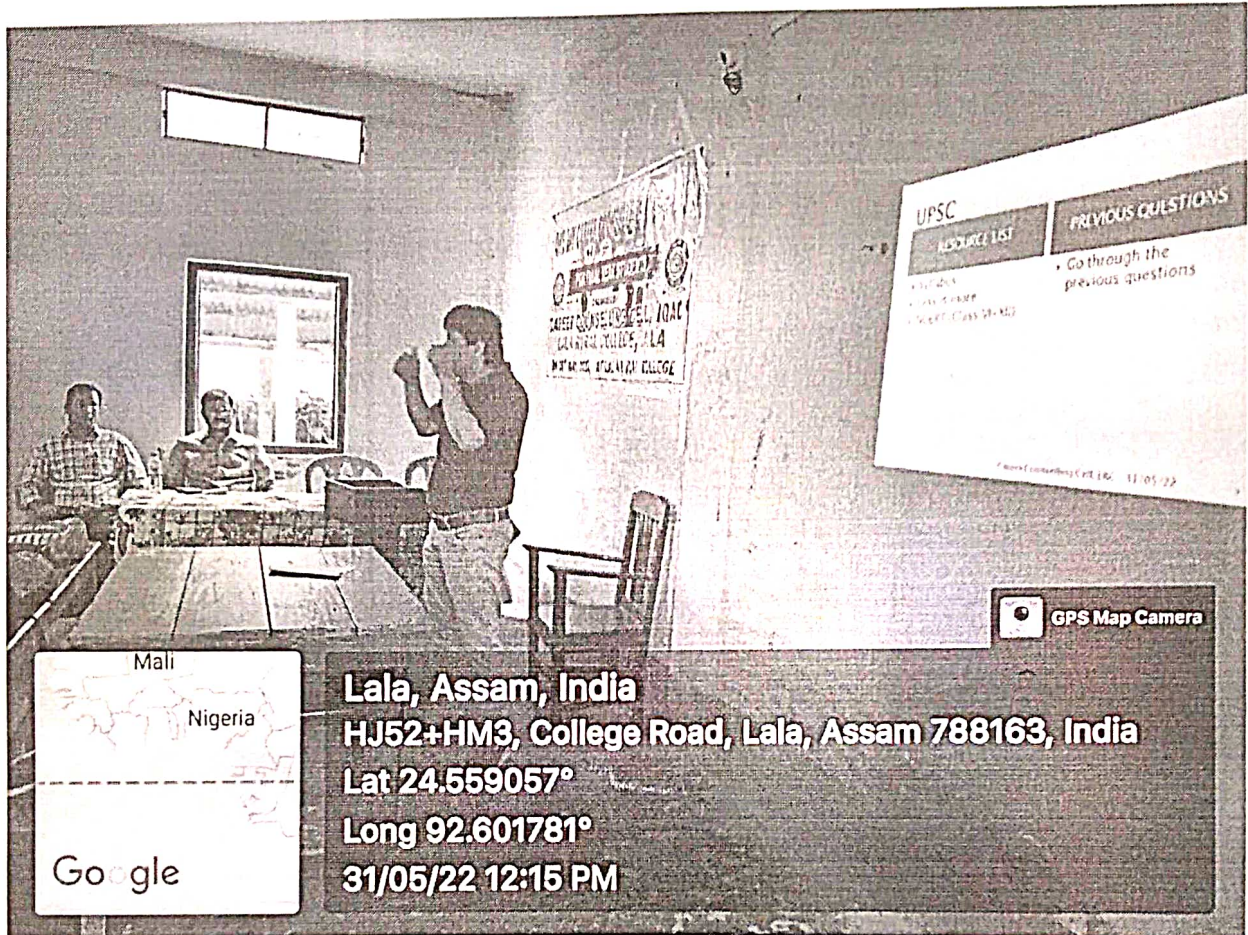
By 11.00 in the morning, the programme was started by the Convener of the Cell, Mrs Deepmala Paul with a welcome speech. She welcomed our respected Principal, Dr. Tanuj Kr. Dey, IQAC, Co-Ordinator, Dr. Mithun Nath, other faculties and all the students present out there.

Then there was a speech by our honourable Principal, Dr. Tanuj Kr. Dey, he motivated and encouraged the students to take part in such types of programme and also advised them to choose the right career. The Co-Ordinator, IQAC, Lala Rural College, Dr. Mithun Nath also motivated the students to be confident and communicative in life. Besides, hardwork, time management and focus on the line opted are important aspects to be taken care of.

Dr. Manas Sinha, HOD, Deptt of English and Mr. Gautam Chandra Banik, Asstt. Prof of Commerce was invited as resource persons for the first and second sessions respectively.

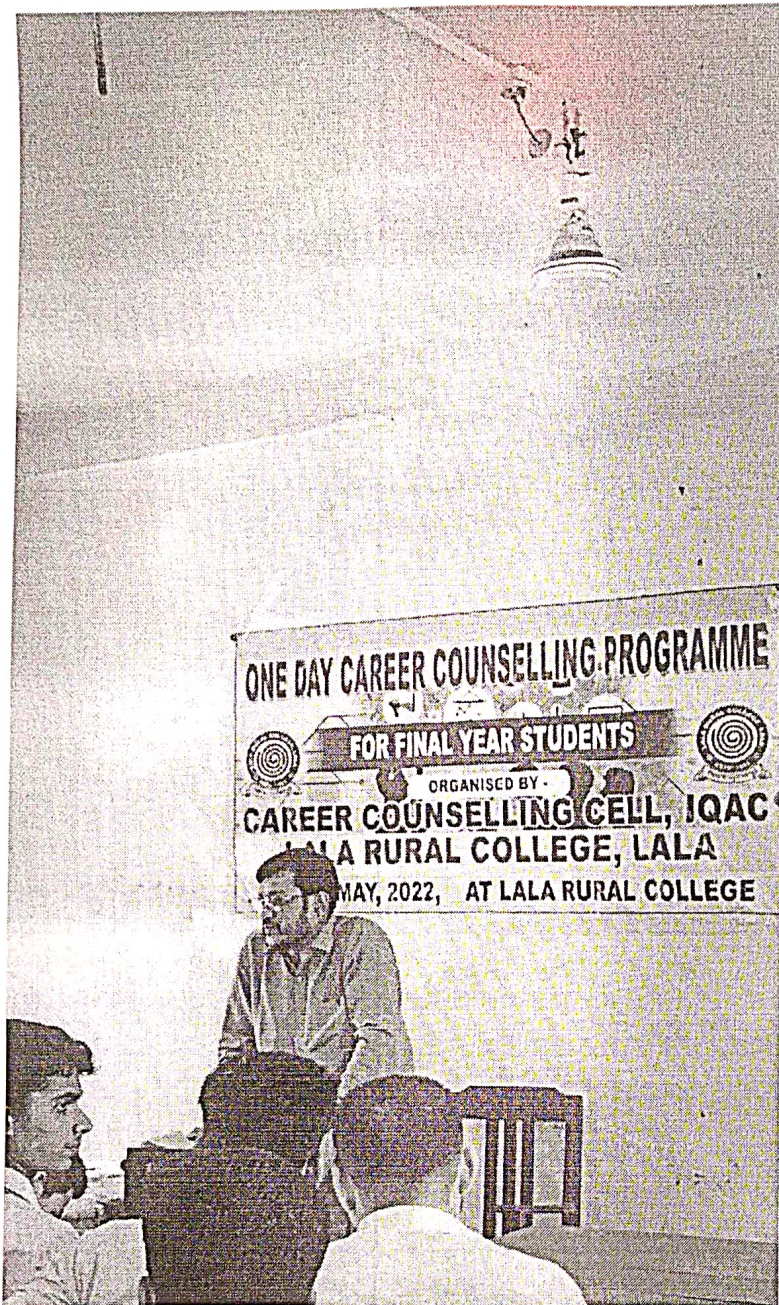

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Lala Rural College, Lala

Dr Sinha in the first session apprised the students with best courses after completion of graduation in Arts which includes Master of Arts (MA), Master of Business Administration (MBA), Bachelor of Education Courses (B.Ed), Postgraduate Diploma Courses, Designing and Fine Arts Courses, Law Courses etc. Dr Sinha also cited some job opportunities like UPSC, APSC, SEC, RRB, TET, Bank PO etc. He discussed in details the procedure to apply and various books and journals to follow. He also asked the students to contact him at any time with any kind of help regarding career guidance. We were very lucky to have him with us on that programme.



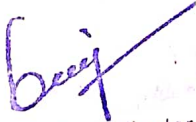
Then, after tea-break, Gautam Chandra Banik, resource person for the second half session, came up with very interesting and useful topic for the students who were interested to pursue for higher studies after completion of their B. Com course. He enlightened us with many course opportunities like Master of Business Administration (MBA), Chartered Accountancy (CA), Company Secretary (CS), Master of Commerce (M.Com), Chartered Financial Analyst (CFA), Business Accounting and Taxation (BAT), Certified Management Accountant (CMA), US Certified Public Accounting (CPA), Financial Risk Manager (FRM), Association of Chartered Certified Accountants (ACCA), Bachelor of Education Courses (B.Ed), Digital Marketing.

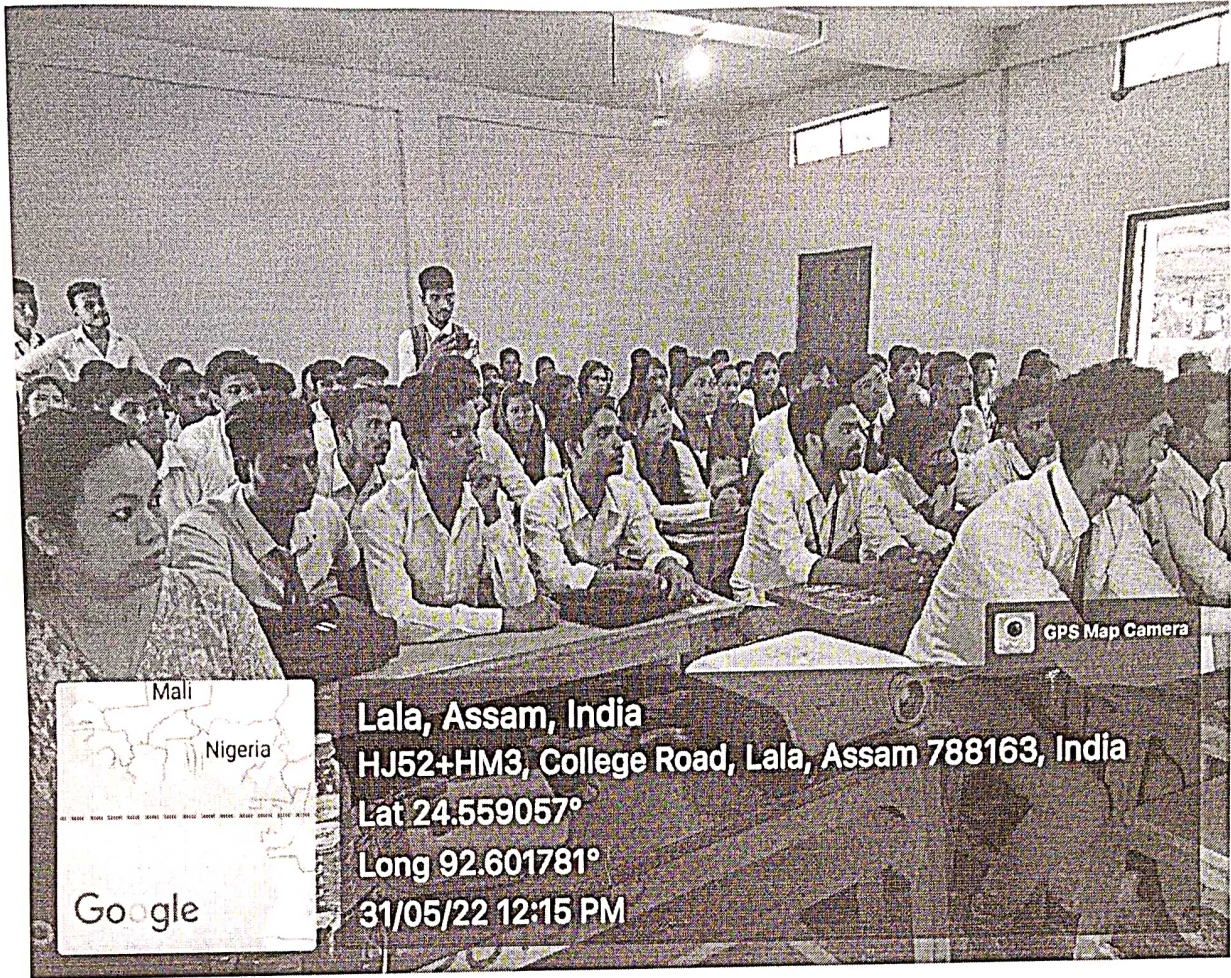
Banik
 Co-ordinator
 Internal Quality Assurance Cell,
 Lala Rural College, Lala



All the students were highly motivated and got to know about various opportunities after completing the graduation. It was very informative day for the students.

The Programme came to an end with a 'Vote of Thanks' proposed by Mrs. K. Dipika Singha, Asstt. Prof Dept of Commerce, member of the Cell by 1.45 in the afternoon.


Co-ordinator
Internal Quality Assurance Cell,
Lala Rural College, Lala



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Report compiled and submitted by

Deepmala Paul
Mrs Deepmala Paul

Covener, Career Counselling Cell

Lala Rural College, Lala

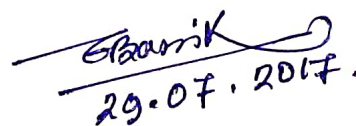
Deep
Co-ordinator
Internal Quality Assurance Cell,
Lala Rural College, Lala

“Report on Career Awareness Programme”

A career awareness programme on Company Secretary Course was organized by ICSI (The Institute of Company Secretaries of India), North Eastern Chapter, Guwahati in the Department of Commerce, Lala Rural College on 29th July, 2017 from 12.00 p.m. to 1.00 p.m. The programme was basically for the higher secondary and degree students. Sri Chiranjeeb Sarma Roy, Office in-charge of North Eastern Chapter of ICSI represented the institute and was the resource person of the programme. Mr. G. C. Banik, H.O.D, Department of Commerce welcomed and felicitated the guest warmly. The session started at 12.00 p.m. with Sri Chiranjeeb Sarma Roy addressing the students and explaining them about the course of Company Secretary, its scope and various opportunities available to them after completion of course. He informed that the Company Secretary Course can also be pursued along with regular courses and the students should have passed Higher Secondary Examination. He further informed that according to new Company Act, 2013 it is mandatory for the big companies to appoint a Company Secretary, so there are many employment opportunities available in this field. Sri. Chiranjeeb enlightened the students on a special scheme of ICSI named ‘Fee Waiver Scheme’, which the students can avail the benefits of. The aim of the scheme is to promote excellence and empowerment of the youth of the North Eastern States and the State of Jammu & Kashmir. Under this scheme students shall be getting fee waiver in registration fees in case they register for foundation or executive stage as the case may be. The programme was interactive and created awareness among students on how to enroll for a professional course like CS course and its examination process and also about the career prospects of the course. At the end of the session, Mr. G. C. Banik, H.O.D, Department of Commerce proposed a vote of thanks.



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29.07.2017.

LALA RURAL COLLEGE

(Affiliated to Assam University a Central University)

LALA, HAILAKANDI

ASSAM-788163



Contact Details

Phone No. : 03844-244238

e-mail : principal@lrcollege.org

web : www.lrcollege.org

CERTIFICATE

FOR

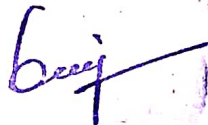
CAREER AWARENESS PROGRAMME

THIS IS TO CERTIFY THAT NORTH EASTERN CHAPTER, GUWAHATI OF THE INSTITUTE OF COMPANY SECRETARIES OF INDIA CONDUCTED CAREER AWARENESS PROGRAMME IN DEPT. OF COMMERCE, LALA RURAL COLLEGE, LALA, DIST. HAILAKANDI, ASSAM ON 29TH JULY 2017 FROM 12:00 PM TO 01:00 PM FOR THE STUDENTS OF THE COLLEGE.

SRI CHIRANJEEB SARMA ROY, OFFICE IN- CHARGE OF NE CHAPTER OF ICSI REPRESENTED THE INSTITUTE OF COMPANY SECRETARIES OF INDIA AND DELIVERED HIS PRESENTATION.

THE PROGRAMME WAS ATTENDED BY 84 STUDENTS OF THE DEPARTMENT OF COMMERCE OF THE COLLEGE.


29.07.2017.
HOD, COMMERCE
LALA RURAL COLLEGE
LALA, HAILAKANDI, ASSAM


Co-ordinator
Internal Quality Assurance Cell,
Lala Rural College, Lala